July 2010

# The Riot!

The Self-Advocacy Movement in Time

A National E-Newsletter from the Self-Advocate Leadership Network at HSRI

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#### **Online Riot Poll Results**

"Are you happy with what vou do during the day?"

Yes, I love it! ~ 46%

It's OK ~ 33%

No. I hate it! ~ 22%

Visit our website to see our new poll question!

www.theriotrocks.org

The Riot! is a publication of Human Services Research Institute Tualatin, OR

The Riot! is available in Rich Text Format!

# **LEAD ON!**

A self-advocate is a person who speaks up for themselves. When self-advocates speak up together something more is created. They create self-advocacy.

Self-advocacy is often described as people with disabilities working together to fix problems that are important to them. They work together to support one another and improve their lives.

Self-advocates have been working for a long time to change things. Many people have given their all to make life better for self-advocates. It's fair to say that after so many years of hard work, self-advocates have created a strong self-advocacy movement. It cannot be stopped. It will keep on going.

The self-advocacy movement has achieved a lot so far. More and more

people understand that self-advocates want to live a life like anyone else with the support they need.

Keeping the self-advocacy movement strong is important. Self-advocates everywhere are working harder than ever. The movement is strong and will live on because there are strong leaders that are ready to Lead On!

LIVE THE DREAM!
LEAD ON!
FIGHT FOR FREEDOM!
LEAD ON!



THE WORLD IS WATCHING!
LEAD ON! LEAD ON!

From the song "Lead On" that features the words of Justin Dart. Chicago Disability Pride Parade, 2004



# **Guess Who's Reading The Riot?!**

The Riot! is excited to announce its first interview with Sharon Lewis, newly appointed Commissioner of the Administration on Developmental Disabilities!

Commissioner Lewis had much to say and shared both interesting and valuable information for our Riot! readers to enjoy.

Look inside to read more!

Riot! Opinion Page 2

#### About The Riot!...

The Riot! is produced by the Self-Advocate Leadership Network at Human Services Research Institute.

We work together with self-advocates to develop and write each issue.

Here's who "we" are:

#### **Chief Editor**

Teresa Moore - AZ

#### **Editors**

Ricky Broussard - TX

Dayna Davis - OR

Erica Rachael Fiel - VA

Trisha Jones - AZ

Eric Matthes - WA

Joe Meadours - CA

Stephanie Walton - IL

Nancy Ward - OK

Marian West - NH

Betty Williams - IN

Estab Valance ID

Erick Yeary - ID

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#### At HSRI

John Agosta
Jaime Daignault
Kerri Melda
Jennifer Negus
Elizabeth Pell
Drew Smith

Visit our website to Subscribe to The Riot! It's FREE!

## **Teresa's Spotlight**

This issue of The Riot is about the history of self-advocacy. To show where we started, we created a timeline to use as a guide.

Take a look at our timeline on page 4 and see when you joined self-advocacy. You may even see events that you were a part of. That's when you became a part of history.

You'll notice some changes that helped self-advocates and actions from people that made a big difference in people's lives.

Great leaders spoke out about things that needed to change. We, along

with our friends and families, saw things happening that weren't right. We began challenging the way people were being treated and wanted change.



Teresa Moor

In self-advocacy, it's all about the movement. Movement means that it's not still and cannot stay the same. We aren't a single event in history but are making history every day.

Self-advocates say that was a great start but now is the time we need to go to the next step!



# Welcome New Riot Editors!



I am Erica Rachael Fiel IV, but everyone just calls me Rachael. I am 18 and just graduated high school with honors. I live in a small

town called Suffolk, Virginia. In my spare time I love going out to old cafés with friends. My ultimate goal in life is to become a well-rounded leader. I enjoy being a self-advocate for others and myself. I hope to bring The Riot a little bit of me - full of fun and energy!



My name is Stephanie Walton. I was born in St. Paul, MN in 1983. I graduated from SouthSTAR Services

Computer Class in 2008 and was hired to be the Computer Lab Assistant. I was also the editor of their client run newsletter, The Shooting Star. The Alliance for

Change (in IL) saw my work and offered me the editorship of their newsletter, The Alliance. Most recently I was asked by Dr. John Agosta to become a part the editorial team of The Riot newsletter.



My name is Trisha Jones. I'm a self-advocate from Arizona, a former Treasurer of Self Advocates Becoming Empowered and

a member of our state D.D. Council for 8 years. I was also employed by our state Protection and Advocacy organization as a coordinator for the Self Advocacy Coalition of Arizona and a member of People First of Arizona's statewide board.

I am a college student at Arizona State University, studying to become a Certified Therapeutic Recreational Therapist. I am honored to be a part of The Riot and all that it does. I hope to show that whatever a self-advocate dreams, is possible. We just need to believe in ourselves.



# ~ UPCOMING EVENTS ALERT! ~

## **Coming Soon... POWER UP!**

Ever wonder how your self-advocacy group is doing? Looking for ways to make your group work better to achieve your goals? Then you need Power Up!

Power Up! is a fun process with tools that self-advocate leaders can use to:

- Measure how well their group is working,
- Get ideas about how to make their group stronger, and
- Build an Action Plan for the future.

The Power Up! process helps self-advocacy groups develop Action Plans to:

- Improve how well the group runs
- Work on self-advocacy issues
- Set goals and take action
- Develop leaders
- Increase membership
- Improve communication between members
- Get better at solving problems
- Get the support they need

More details soon at www.theriotrocks.org

#### THE SEARCH IS ON FOR...

#### **RIOT REPORTERS!**

Are you a self-advocate?

Do you love to read The Riot?

Now for the **BIG** question...

Do you want to write for The Riot and get paid to do it? That's right! Get paid to be a Riot Reporter!

#### Here's how it works:

- \* You write an article for The Riot. It needs to be about 150 200 words long.
- \* Send your article to us.
- \* If we accept it, we will pay you \$25. That's right! \$25 for your accepted article!

If you have a passion for self-advocacy and The Riot!, then we want to hear from you!

Visit our website for more details:

www.theriotrocks.org

Coming Soon...

# **Space Race!**

A Game for Self-Advocates



Produced by Human Services Research Institute

www.hsri.org



The National Youth Leadership Network Presents:

#### **Reap What You Sow:**

Harvesting Support Systems Training

When: July 29 - 31, 2010

Where: Raleigh, NC

This event focuses on youth and creating your own hands-on support system but is open to all.

For more information:

www.nvln.org



**UPCOMING!** 

2010 National SABE Conference

Celebrating 20 years of Self-Advocates Becoming Empowered!

When: Sept. 23 - 26, 2010

Where: Westin Crown Center

Kansas City, MO

For more information:

www.sabekc2010.org

Self-Advocacy Movement	Timeline	What did you or your self-advocacy group do during this timeline? Fill in the blanks!
Self-advocacy movement began in Sweden	1960's	
Ed Roberts was first student with severe disabilities to attend University of California	1964	
Burton Blatt published Christmas in Purgatory, exposing institution life	1966	
People First held first meeting in Oregon	1973	
American Disabled for Accessible Public Transit took action at American Public Transit Association Convention	1983	
Self-Advocates Becoming Empowered was born and the Americans with Disabilities Act was created	1990	
Roland Johnson gave speech in Toronto asking, "Who's in charge?"	1993	
Justin Dart Jr helps pass the American with Disabilities Act and co-founds the American Association of People with Disabilities	1995	
National Youth Leadership Network was born	1997	
Project Vote Team was created	2000	
President's Committee on Mental Retardation changed name to President's Committee for People with Intellectual Disabilities	2003	
The Riot! was born	2004	
American Association on Mental Retardation changed name to American Association on Intellectual and Developmental Disabilities	2006	
No more 'R' word campaign in full swing after Tropic Thunder protests	2008	
Senate votes to change Mental Retardation to Intellectual Disability in numerous laws	2010	

# Interview with New ADD Commissioner, Sharon Lewis

By Dayna Davis and Teresa Moore

**Riot:** How did you become the Commissioner of the Administration on Developmental Disabilities?

Commissioner: I started as a parent advocate working with the Oregon Developmental Disabilities Council, ran the Partners in Policymaking program and joined the Oregon Developmental Disabilities Coalition.

I later became the Senior Disability Policy Advisor for the House Education and Labor Committee, then served on the Administration transition team before becoming the Commissioner of the Administration on Developmental Disabilities.

**Riot:** What do you hear most about when talking to self-advocates and how they want the service system to change?

**Commissioner:** They want to make sure that the self-advocacy movement is well supported so that self-advocates can strengthen and retain their voices.

Policy issues – employment is very high on the list of concerns. Both families and self-advocates are talking to me about the transition age and what happens with young people leaving school that want to go to college or find work.

Enforcement of the Olmstead decision and making sure that people have access to community based services and homes of their own.



Healthcare and healthcare reform – ensure federally funded services follow the law and do what they're supposed to do.

**Riot:** As Commissioner, how do you see ADD helping self-advocates fix those problems?

**Commissioner:** Making sure self-advocates

have a seat at the table and a voice in the decisions of policy at the federal level. Also, working on the implementation of the Class Act, which is part of the Healthcare Reform Bill (which was called the Affordable Care Act).

**Riot:** Let's talk about state Planning Councils. They have their role of working with self-advocacy groups. Do you think that they're doing enough?

Commissioner: I think that Councils are doing a lot to support self-advocates. One gap is a big picture look at what everyone is



doing: councils, university centers, protection and advocacy agencies, the states and what local entities are doing to support self-advocacy.

**Riot:** What are your priorities during your term?

Commissioner: 1) See the DD Act reauthorized 2) To see ADD move forward on how to best support self-advocates 3) To have ADD and the Network think about where family support policies should go and how to support families through their lifespan while respecting self-determination, independence and interdependence and 4) Make sure people with developmental disabilities are represented in policy decisions.

**Riot:** The Riot reaches many self-advocates. If you could tell them anything, what would you want them to know?

Commissioner: First and foremost I thank self-advocates for being leaders and all of the work that they're doing to change our communities



to help people understand and respect people with intellectual and developmental disabilities. Encourage all self-advocates to really stay engaged, involved and know that all of their hard work makes a huge difference.



# Budget Worries in New Hampshire by Marian West

New Hampshire state legislature has met a lot recently. Sue Fox of the University of New Hampshire Institute on Disability, said they're trying to cut the budget by 23 million dollars for services for children and adults with disabilities, seniors and people with mental illness.

WMUR Channel 9 news has been down there a lot. I'm afraid we're in big trouble. I don't know if the legislature can pull it off. It's a scary time for all of us. I hope that they'll pass the bill.

# Leaders in the Self-Advocacy Movement

The life histories of 13 leaders in the self-advocacy movement were recorded on video that was then donated to the Bancroft Library at the University of California. Some are our very own Riot editors - past and present!

#### **Leaders Highlighted:**

Max Barrows (VT)
Chester Finn (NY)

Linda Kunick (OH)

James Meadours (TX)

#### Joe Meadours (CA)

Marvin Moss (OH)

Tia Nelis (IL)

#### Julie Petty (AK)

Victor Robinson (DC)

Roy Rocha (CA)

#### Nancy Ward (OK)

Liz Weintraub (MD)

#### **Betty Williams (IN)**

To watch the videos, please visit the Bancroft Library's website at:

http://bancroft.berkeley.edu/ROHO/collections/subjectarea/ics\_movements/self\_advocacy.html#about







# HILLIAM

### **Apology Accepted**

Past Riot Chief Editor, Julie Petty, was interviewed by the

Arkansas Traveler, a paper from the University of Arkansas, for her recent visit to the White House.

Earlier this year, White House Chief of Staff, Rahm Emanuel, made the mistake of publicly saying the "R" word. A very hurtful word for self-advocates everywhere.

Wanting to apologize for his actions, Mr. Emanuel invited Tim Shriver of the Special Olympics to the White House. Mr. Shriver brought with him Ms. Petty and four other leaders in the disability community.

Quoted in the Arkansas Traveler by Ms. Petty, "Every time I hear the 'R' word, I feel like someone has punched me in the gut. That's what people used to call me - make fun of me with. If you hear it enough, you almost start to believe it."

Ms. Petty said that she felt Mr. Emanuel's apology seemed sincere. While there, she made sure to educate Mr. Emanuel by sharing her life story and the struggles she has encountered.

The Riot! hopes more people will learn from Mr. Emanuel's mistake and ban the 'R' word forever.

# Spread the Word to End the Word March 2010 Campaign



This past March, schools across the country participated in the *Spread the Word to End the Word* campaign, a movement to end the use of the "R" word.

A large focus was on education on how the word is hurtful while raising awareness of the great things people with developmental disabilities have to offer.

To learn more about the *Spread the Word to End the Word campaign*, please visit:

http://www.r-word.org

# The Self-Advocacy Tree

Original Design by Erica-Rachael Fiel



### The Roots

during a SALT

a statewide.

work together.

People who participate as self-advocates

## **The Trunk**

The principles and mission of the self-advocacy group

#### **The Branches**

Illustrate the main topics and goals the group is interested in

#### **The Fruit**

**Actions the group** takes to achieve its goals

## **Disability Rights = Human Rights**

Self-advocacy history is important to know. It explains when self-advocacy began and why it was needed. Sweden and Canada started self-advocacy. In Sweden, self-advocacy began as a club that went on outings in the community. The United States's had its first conference in

Oregon in 1973.

People First of Europe works with other groups like People First of Scotland, People First of Sweden and other organizations on their



overall goal to "Smash the Institutions".

Their long-term goal is to transform and close institutions. They support this by developing plans for individuals as they are preparing to leave institutions. Their goals are to promote inclusion, self-advocacy, community living, inclusive employment and independent living.

In other countries, disability rights are described as human rights. Civil rights and laws include the Americans with Disabilities Act, the right to vote, thee right to be treated as equals no matter what gender, race, national origin, disability, religion or sexual orientation.



#### **Fun Facts!**

- In Scotland, it's illegal to be drunk and to have a cow.
- Over 12,000 accidents happen per year as English people put

on socks, pantyhose or other stockings.

- Newtown is the most popular name for a British town. Over 150 towns are named Newtown.
- The British eat twice as many baked beans per head as Americans do
- There are over 30,000 John Smiths in Britain.
- In 1945, a flock of starlings landed on the minute hand of Big Ben and put the time back by five minutes.





## of Central England

Central England's People First organization has dedicated over 19 years towards creating change for people with developmental disabilities. They're both run and organized by those it serves – people with disabilities.

At People First, they have members from all over the United Kingdom. Currently, there are over 150 groups and organizations with 100 individual members!

Speaking up for themselves is very important. Just like self-advocates in the United States, they have been labeled and called many hurtful things. But they didn't let these things keep them down. They're motto is 'Jars should be labeled, not people!'

"We know what it is like not to have much power in our lives, to be treated differently from other people because we have





learning difficulties, to have other people making decisions for us. We are here to speak up for all people with learning difficulties!"

#### **People First Goals:**

- Help people with disabilities speak up for themselves.
- Get rid of bad labels.
- Make sure all people are respected for who they are and what they say.
- Make sure self-advocates know about their rights as individuals.
- Ensure self-advocates are included in the planning and development of services.

To learn more about People First of Central England and what they do, visit their website at:

www.peoplefirst.org.uk

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# Horoscopes

By Arkansas Youth United (AYU)

A horoscope predicts the future based on the position of the planets and your birthday. Find the sign that fits with your birthday. Then read what's in store for you!

**Capricorn (Dec 22 - Jan 19):** Open up and say YES! This summer holds many parties for you. Put on your dancing shoes!

Aquarius (Jan 20 - Feb 18): Don't get lazy this summer. Get motivated! Set a realistic goal. Be happy and have a blast.

**Pisces (Feb 19 - Mar 20):** Acquire new knowledge this summer. Join a cause that you feel passionate about. Go and have some fun!

Aries (Mar 21 - April 19): Get creative! Be spontaneous. Have fun at a friend's party and don't get angry. RELAX!

**Taurus (April 20 - May 20):** Don't get stubborn. You will meet a new friend or a possible mate this

summer. Be generous!

**Gemini (May 21 - June 20):** Success will find you this summer. You'll meet someone new and bump into an old friend. Be good.

Cancer (June 21 - July 22): You're going on a trip somewhere fun and will meet new friends. Have fun wherever you go.

Leo (July 23 - Aug 22): Don't think too much. Have fun in the sun.

Virgo (Aug 23 - Sept 22):

Don't worry, be happy. Your courage is already within you. Take a risk.

**Libra (Sept 23 - Oct 22):** Use your charm and wit because this is not kibble and bits. Make something happen.

Scorpio (Oct 23 - Nov 21): We all love and recognize your charm and wit. Be careful or you may get bit! Spend time on someone else.

**Sagittarius (Nov 22 - Dec 21):** Roll with the flow. Entertainment and fun are around every corner!



# Need Romance Advice?... Ask Jack & Jill



#### Dear Jack & Jill,

It's summertime and I love to stay out late and watch movies at the drive-in but my girlfriend does not like to go and stay out. I need your help.

#### Dear Reader,

I would say you are a RIOT for wanting to stay out late and enjoy movies at a drive-in. But, if you like doing that, then do it alone.

When you have your girlfriend with you, go to her house and see a movie. It shows that you respect and love her. She will appreciate you more for this.



#### Dear Reader.

There are two things that you can do. If you really want to do this with your girlfriend, then compromise with her. Agree that so many times on your dates, you'll do what she wants. Then so many times, you'll do what you want. Work out something that you can both live with so you'll both be happy.

For those times you want to do something, but she doesn't want to go, respect that. If you want company, you can go with a friend, family member or you can



even go by yourself. Just be careful and safe.

~ Jill

~ Jack

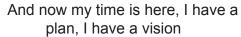
Email your romance questions to Jack and Jill at: theriotrocks@hsri.org

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OUR

## **Our Way**

(to the song My Way, new lyrics by Peter Leidy)



They called the shots for years, the ones in charge made my decisions

They ran my life for me, and may I say, not in a fair way

But more, much more than this, I did it their way.

Control, I had a bit, but not enough to really mention

And so, I will admit I did some things that got attention

You would too if each time you needed a ramp you found a stairway

But then you'd learn again to do it their way.

Yeah, that was their way, they had control I tried to say, Hey! I don't like to bowl I was their case, I was their client I was embraced when I was compliant I acquiesced, they were impressed, I did it their way.

And then there came a time, my confidence was growing stronger

My life was gonna change, I wouldn't take it any longer

I did what I had to do, and sometimes did it in a sly way

But now, I'll show them how I'll do it my way.

And here, it's pretty clear that now we face a brand new hour

We have a course to steer, we're taking part and taking power

There's hard work still to do, and I won't do it in a shy way

Oh no, oh no not me, I'll do it my way.

And so my friends, let's make the call Let's take the wheel, let's take the ball People we trust, our dreams they share They'll stand by us, they will be there We'll build our lives and we will thrive We'll do it our way.

www.peterleidy.com/cd-mp3.html

#### **American Dream Video Contest**

To celebrate the 20th anniversary of the Americans with Disabilities Act, the National Disability Institute is launching *Economic Empowerment* – *Defining the New American Dream*.

It's a national video contest open to all persons with disabilities.

The contest begins July 1, 2010. All entries must be received by <u>August 13, 2010</u>.

To read submission guidelines and contest rules, go to <a href="http://dream.realeconomicimpact.org">http://dream.realeconomicimpact.org</a>.

**ONE GRAND PRIZE** winner will receive \$1,000 and a trip to Washington, D.C. Good luck!



#### **Summer Fun Word Find**

Look up, down and forward for these words:

SHORTS POOL BEACH PICNIC SUMMER SWIM



SUNGLASSES
ICE CREAM
SAND
BARBECUE
BASEBALL
HIKING

C В Т н M Α S N D В A В П U Е Е Ε S C G Α Α N Α K Е R S G Α Ε C U C В В Ν L K Н Е R G M N S C Р M S В S Е C Е Α M D 0 R Т S M

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# Joe's Sports Zone

**By Joe Meadours** 



Hey sports fans! I hope you've been enjoying the spring/summer sports so far this year. Don't forget, go Cubs!

I want to talk about something other than what's happening in sports. Like how self-advocates are more able to go to sporting events but what barriers still stand in our way.

Nothing beats a good old fashion baseball game. Watching from the stands in the summer, eating a hot dog or some popcorn and singing *Take Me Out to the Ballgame*. Luckily,



almost anyone can go and enjoy this type of event. Not long ago, this wasn't the case.

Thanks to the development of more accessible arenas, sports are more accessible now more than ever. Wheelchair access has improved, large font broadcast teleprompters and dedicated parking have really helped open doors for us.

While a lot of good things have happened over the years, some self-advocates still have problems going to watch sports.

For many self-advocates, speech can be a struggle. I found this out myself while at a game a while back. While talking to my friends, others around me kept saying that I was drunk and sounded like I was slurring my words. But, I wasn't drunk. I was misjudged.



This is hard for many self-advocates. When people around you are drinking and enjoying the game, you want to as well. But without being accused of something you aren't doing.

It's hard because when people see a wheelchair, they connect it to a disability. But when people hear slurred speech, they think you're drunk. It's important that we continue to educate people and push sports forward in accessibility!



## COMING SOON!

# The Riot is creating a new online art gallery!

Are you an artist with a disability? Maybe a friend of yours is an artist? Then let us know!

The Riot! will be working with self-advocates across the country to showcase their art through our future online gallery!

If you or someone you know is creative and would like the opportunity to have your work shown, please email us today at <a href="mailto:textupe">theriot@hsri.org!</a>!

Stay tuned for more information about our online gallery and how you can participate!



#### SELF-ADVOCACY MAN SAYS..



Written and drawn by Erick Yeary

No matter what life throws you - even if you get hurt and are forced into a wheelchair - don't think your life is over but that a new chapter is starting instead.

Life can throw you curveballs but use your self-advocacy skills. You may not be the same as two years ago but you are still you. You just need to learn how to work around your new problems.

Don't think about your past. Focus on your present and your future.



Riot! Sauce Page 12



## **Craig Says...**

# "Being Stuck in the Past Just Stinks!"

I was channel surfing the other day and a show caught my eye. It was highlighting big events in the self-advocacy movement. Reaching for the remote to see if Judge Judy was on yet, the show's announcer mentioned the self-advocacy movement beginning in the 1960's.

Ahh... the 60's. Those were the years! The groovy clothes, far out stories and free love (though I found out later that nothing is ever really free).

But something else was happening too. People didn't like being told what to do, where they could live or how to spend their money (if they even had any). Some didn't even know they should have

choices in their lives. It was a new idea to them when it should have been their right all along!

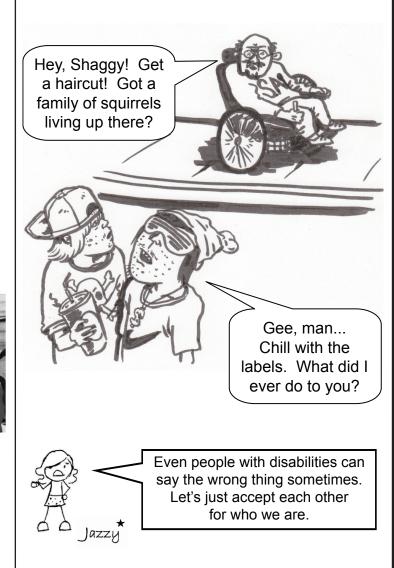
The more I watched TV, the more I realized how much in common I had with them. I don't like being told what to do either! If someone told me I couldn't watch my court shows anymore, that would make me pretty peeved.

I kept watching and heard about the speech Roland Johnson gave in Toronto asking, "Who's in charge?" Good question! Who IS in charge of your life? It should be YOU! Isn't it YOUR life? Makes sense to me.

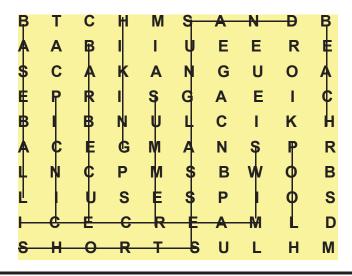


Then in 2004 a cool little newsletter called The Riot! was created. Got to love a rag that lets me not only write a column but also lets me say whatever is on my mind! Pretty cool gig if you can get it.

Boy, they didn't know what they were getting themselves into...



## **PUZZLE ANSWERS**







# **Self-Advocates Speak Up! and Speak Out!**





# **Remembering Your Roots**

by Teresa Moore and Dayna Davis

This issue of The Riot! is dedicated to the history of the self-advocacy movement. Sometimes this can be hard. Some people don't want things to be different while others need things to change.

Here are some steps that your self-advocacy group can take to make sure that everyone's thoughts are heard. As a group, celebrate your history and look forward to your future!

- Meet as a group. Write down an event that you remember that stands out.
- 2) List what you want to leave as your legacy. This is what you want to leave to upcoming self-advocates.
- 3) Take this list and decide how you want to keep and share it.

#### You can:

- Keep a scrapbook
- Put together a presentation



 Create a time capsule. This could include messages for future self-advocates. Saving photos are great too. Just don't forget to write the year and names of those pictured.

#### Feature your group in an upcoming Riot issue!

We would love to hear about what your group is doing for an issue or cause.

Email your story to us at <a href="mailto:theriot@hsri.org">theriot@hsri.org</a> and we may publish it in one of our future issues!

History is who we are and why we are the way we are. ~ David C. McCullough

Talk it up... Have yourselves a regular Riot!

# From the Self-Advocate Leadership Network at www.theriotrocks.org

TIME CAPSULE

2075

# Publications:

- Self-Determination and You
- Participant-Driven Supports: A toolkit on Planning & Giving a Presentation
- Working Together for Change
- How Your Organization Can Sponsor
   Self-Advocates as AmeriCorps\*VISTA Members
- Using Medicaid to Fund Trainings for Self-Advocates

#### Freebies:

- Jabbers ~ Gifts-N-Giving
- Jabbers ~ Dreams-N-Goals

For more info, go to: www.theriotrocks.org

#### Other Materials Available Online:

- Advising Self-Advocacy Groups Teleconference Series Audio CD
- State of the States' Budget
   Teleconference Series Audio CD
- Healthy Relationships & Safe Sex Audio CD

More info at: www.theriotrocks.org

# DONATE TO THE RIOT! WITH PAYPAL

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Or mail checks payable to: The Riot! at:

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